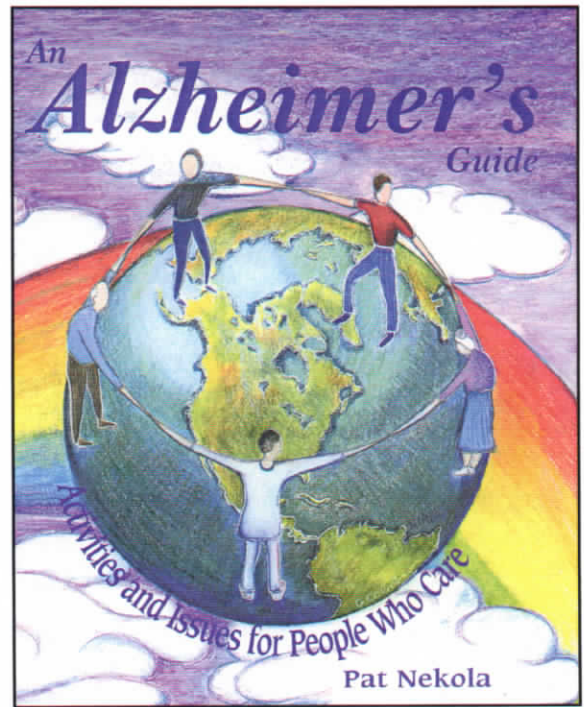


An Alzheimer's Guide

Activities and Issues for People Who Care

When Pat Nekola's Mother and aunt were stricken with Alzheimer's disease, she found help and information from a number of public and private sources. She also found that there were many others—families, caregivers, residential facilities' staff—just like herself, that could make use of the same types of information. With this in mind, Pat set out to accumulate the education and information to write this handbook to help others going through the same trying personal experiences.

This handbook is easy to read and to understand. Pat's writing approach is like a one-on-one conversation with a friend that has "been there and done that". Everyone needs to read this book, we are all dealing with the disease whether on a personal level, or as members of our local communities. It is an informative and warm approach to helping the Alzheimer's patient live to their fullest and enjoy each day—no matter what their present situation.



242 pages, soft cover

ISBN: 0-9660610-8-X

©Copyright 2002, Catering by Design

Revised 2nd Edition 2007

Information included in Part One of this Handbook:

- Easy to understand information on each stage of the disease.
- How to deal with the different stages for families and caregivers.
- Coping strategies when caring for the patient at home
- What to look for when selecting a care facility.
- Resources including telephone numbers, websites, and questions to ask.

Information and Activities Useful for the Care Facilities' Activity Directors included in Part Two of this Handbook

- Directions for different craft activities.
- Color graphics for use with the activities.
- Recommended music for patient participation.
- Recipes.
- Patient assessment forms.

An Alzheimer's Guide

Activities and Issues for People Who Care

Mail or fax to:

Catering by Design
P.O. Box 181
Waukesha, WI 53187
Ph: (262) 547-2004
Fax: (262) 547-8594

Thank You For Your Order!

Customer Name _____

Address _____

City State Zip _____

Phone _____ Fax _____

Qty:	Price @:	Ext.
	\$44.95	\$ _____
SHIPPING	\$5.50	\$ _____
TOTAL		\$ _____

Mastercard and Visa accepted.
WI residents add 5.5% sales tax.

Signature _____

Date _____

Invoice Number _____